

Coaching Tips

...**'Life will never be the same again'**...

Coaching Tips!

**Kick Start Your
Coaching Program!**

[Click on a sponsored links above to help support us.](#)

Table of Contents

Session 1: Kick Start Your Coaching program!	4
<u>Session 2: How to Structure an Effective Coaching Program That Works (Pro Version)</u>	<u>18</u>
<u>Session 3: Teaching 101 (Pro Version)</u>	<u>30</u>
<u>Session 4: Crash Course in Public Speaking (Pro Version)</u>	<u>40</u>
<u>Session 5: How and Where to Find Clients (Pro Version)</u>	<u>51</u>
<u>Session 6: Automatic Your Coaching Career (Pro Version)</u>	<u>59</u>

UPGRADE NOW



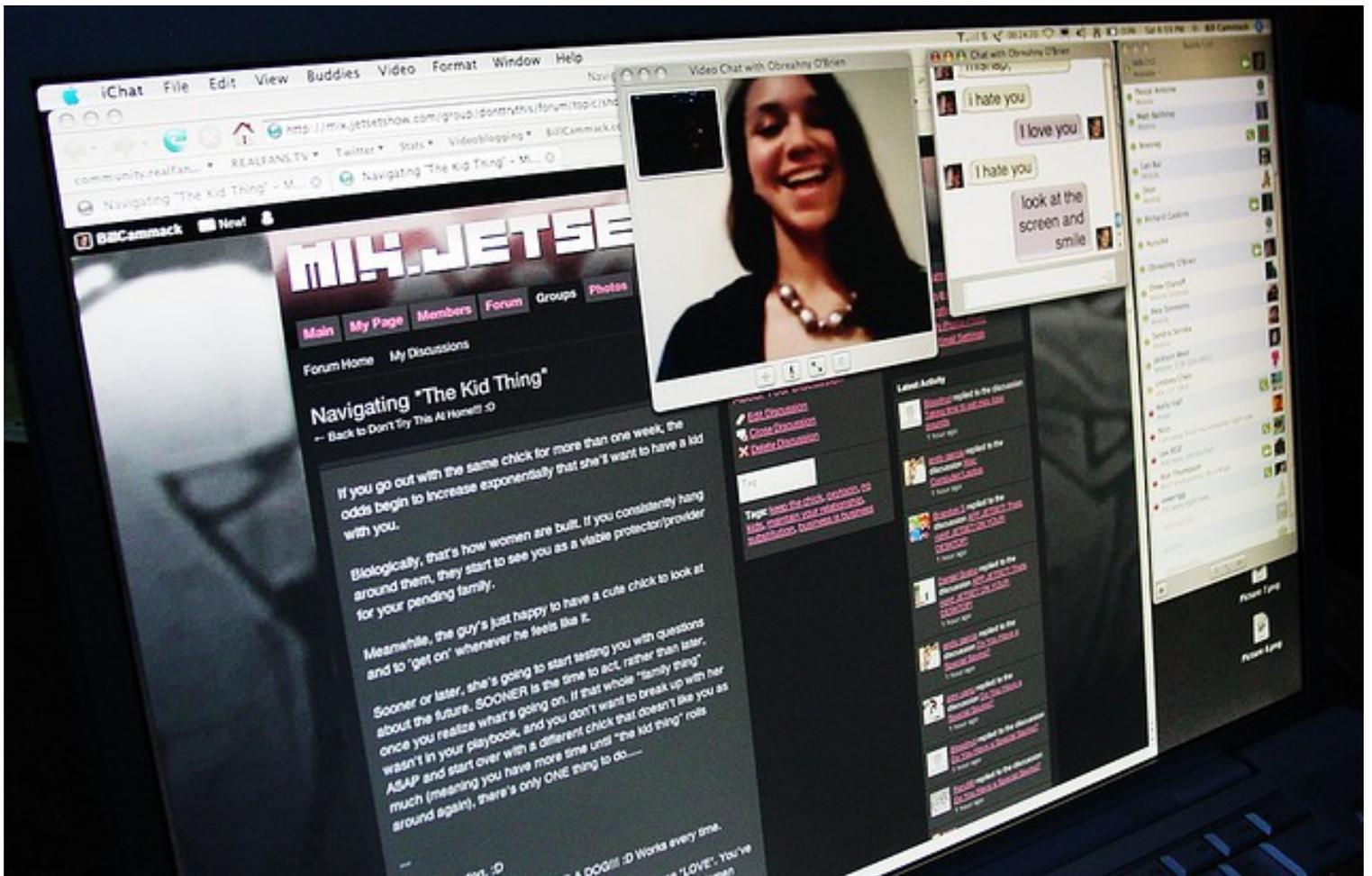
Grab the Full Book.

Click "Upgrade Button"

Why, Because you get:

- **The Full Book**
- **No Ads**
- **Learn anywhere** you go
- **1 Low Price**

UPGRADE NOW



Session 1: Kick Start Your Coaching Program!

Important Learning Advisory:

To experience better learning, it is recommended that you print and follow this transcript while listening to the MP3 audio. There is ample space at the bottom of every page for you to write your own notes and jolt down ideas. Happy learning!

[Click on a sponsored links above to help support us.](#)

Hello and welcome to the private study course on how to kick start your coaching program. In this beginner session, I'm going to give you a general overview on how you can start your own coaching program professionally and turn it into a highly profitable business. Before I continue, I want to first thank you for investing in this course. I hazard a guess that you're very interested in expanding your current business or take your self employed career to the next level. You'll learn how to explode your lucrative business and take it to the greater heights.

Firstly, why you should consider coaching as another lucrative source of income and

opportunities?

For starters, this is one of the easiest ways to go high ticket with your current product or service. For example: if you're teaching people how to trade on Forex and you currently have an E-book or membership site on that market and you're selling it purely online.

However there are just some people who prefer to be mentored in person and they have the money to afford to do so. So this is a stronger incentive for you to charge premium prices for your own personal time. Now according to one informer survey at Ask500.com, there's a survey that included 500 participants on asking "What is the preferred method of learning?" While I do not have the statistics with me right now, majority of them preferred to be mentored either in group coaching or on a one-on-one basis compared to studying home study courses or reading E-books. So now you know that there's a lucrative opportunity in being a coach and passing out your skills on a one-on-one or group coaching basis.

Now not everybody will be able to afford that but you only need a few clients to make up for your

time. Therefore you only need a few clients compared to selling several copies of your products for the same amount of income. For example, if you are selling a \$100 product and on the other hand you're willing to teach client skills for let's just say \$1,000 per head, that's equivalent to selling 10 copies of your products. Sometimes it can be more than that ratio.

[Click on a sponsored links above to help support us.](#)

The monetary opportunities aside, there are also networking opportunities. You can create your own close team of like-minded individuals who share your ideas and are champions of your course. For example again, if you've discovered an original idea or concept like let's just say 'How to date women', and your concept is considered revolutionary and you can put your name or trademark on it. So when you start teaching individuals how to do the same, you can actually name the method after your name or after any of your favorite name like what most of the names of streets or names of methods that we hear of today. Things like karate, judo and so on.

Also not forgetting to mention that you can also reach out to change some areas in people's lives. Now you don't have to change everything in a person's life. But even so if you manage to help people improve their lives in a little bit in one area, that's very good and people are willing to pay top dollar for most parts which matters to them most.

This is why self-improvement coaches are quite wealthy because they help people in self-improvement areas like confidence building, public speaking, anger management, jealousy management and so on.



However coaching students come with a heavy price and this is what I call the disadvantages' of coaching.

[Click on a sponsored links above to help support us.](#)

For starters, it's obvious that it's time and effort consuming because you're training on a one-on-one basis. And since it's going to be time and effort consuming, you only have 24 hours in a day.

This also means that the amount of clients you can take on is very finite. At the most you can do is coach a group of people at the same period of time. However, your class will have a certain limit and you cannot be coaching too many students in the same classroom. Otherwise, your attention will be extremely diluted.

Not forgetting to mention also that your patience and people skills would be tested and challenged. Now coaching people can be a very interesting experience because I have spoken and talked to many coaches from various areas like sports, business consultants and even fitness coaches. They tell me a lot of interesting stories of how they meet some certain people and people who put their patience to the test, people who just don't want to follow your program, people who are stubborn or have a problem helping themselves. So your patience and people skills would definitely be tested and challenged.

However through this course, you will learn how to solve these problems.

So when is the best time to consider starting your own coaching program? Now the proof that you've invested in this course shows that you're very interested in starting your own coaching program. However you must have these key criteria's before you adopt the idea of starting your own coaching program. Because starting a coaching program isn't something you can just get into this business and get out of it any time you want. It's a commitment and a long one at that.

So unless you're mentally prepared, starting your own coaching program isn't going to be for you --- yet. Now the 4 key criteria's to starting your own coaching program, you must make sure you have these requirements before you even think about structuring your own coaching program, which I'll be teaching in Session #2.



1. You must know something that most people do not know and people are willing to pay top dollar for it. Now this doesn't mean that you have to know something rather extraordinary but something that a majority of people don't know. When I say "majority", I don't mean as in the whole world but a lot of people around you in your contacts that are not aware of it, are willing to learn it and especially are willing to pay a lot of money for it. So now you know why there's a lot of money to be found in coaching programs and classes for things like:

[Click on a sponsored links above to help support us.](#)

- Internet marketing (one very obvious example)
- Forex
- Self-improvement
- Dating
- Sports
- Management
- Leadership
- Consultation
- Weight loss
- Fitness
- And the list goes on.

I'm going to take Internet marketing for example. Now here's the myth I'd want to bust: You don't have to be a millionaire to actually start your own coaching program. In fact, the truth is that most people who are entering this area are mostly newbies themselves.

While many of them may have big ambitions and aspirations to become a millionaire or earning a lot of money, the truth is that many of these people need somewhere to start and they want to start small.

Also for a number of these people, they are doing it for survival --- not to become a millionaire. So if you know of a systematic approach to making \$3,000 a month for example and you can take an absolute newbie to follow your steps and eventually make \$3,000 a month for himself, you've already got a system over there that is worthy of coaching people. Are people willing to pay a lot of money for that? Are people willing to pay \$500 or \$1,000 to learn how to make \$3,000 a month systematically and automatically? Yes, you bet! Because people in general are lazy and most important of all, they are mostly busy. So if you can help teach people how to set up a system that makes \$3,000 a month online systematically and automatically, this is something worthy of coaching and people are definitely willing to pay high ticket for this information. And the fact that you're coaching the person to success means that he or she is assured that success is guaranteed.

The same goes for other things like self-improvement or even dating for that matter.

Because if you're a dating expert for example again and you have systematically dated

[Click on a sponsored links above to help support us.](#)



women and you know that women are predictable (They have something in common no matter which background, level of education or age). If you can teach other men to do the same thing, they will definitely be willing to pay a lot of money for it and this is why dating coaches are also having very fat money being lined up into their pockets. Although this is not a 'make money' program, the thing is that men want to enhance in one area of their lives especially the romance and passion area.

Now point #2...This is what I have briefly mentioned about and will be talking more about it. You must have a systematic approach towards achieving a goal. If you study most successful restaurants like McDonald's, Burger King, KFC and A&W, you will know that no matter which restaurant you go to under the same brand, you'll notice that:

- The food is always the same
- The settings of the place is the same
- The cashers will say the same words
- ..And the prices are always the same.

This is because these franchisers have created a systematic approach towards serving their customers and running the business. On the same token, you must be able to franchise out your skills. It doesn't matter if you're in business, sports, dating or teaching people how to lose weight, you must have a systematic approach that you can franchise out that skill to other people. In other words, it must be a series of steps that people can follow and achieve predictable results or similar.

[Click on a sponsored links above to help support us.](#)

3. Start your own coaching program when you're already widely regarded as an expert.

Another indication that you can start your own coaching program is when you're already widely regarded as an expert. You don't have to be famous online or have a lot of friends on Facebook to be recognized as an expert. When you start having a small following of people who already trust you and start talking about you, that's already a very good indication that you can start your own coaching program.

4. Bonus points.

Not an obligation but if you have these trades, this is another good reason for you to start your own coaching program. If you're an author of a published book, have spoken in public before on your chosen topic or at least successfully trained one or a few people for free and they have already achieved good results, this means that you can already start your own coaching program. Because not only are you already regarded as an expert, if you have successfully trained one or a few people to success in whatever they are doing, they are

already your best testimonials. In fact, they can act as your first tier of students and you can already expand your own coaching program --- not on your own but you already have a group of sub-instructors under your command.

Upgrade to Download the Full Book and these Extra Chapters.

[Session 2: How to Structure an Effective Coaching Program That Works \(Pro Version\)](#) 18

[Session 3: Teaching 101 \(Pro Version\)](#) 30

[Session 4: Crash Course in Public Speaking \(Pro Version\)](#) 40

[Session 5: How and Where to Find Clients \(Pro Version\)](#) 51

[Session 6: Automatic Your Coaching Career \(Pro Version\)](#) 59

UPGRADE NOW



Grab the Full Book.

Click "Upgrade Button"

Why, Because you get:

- **The Full Book**
- **No Ads**
- **Learn anywhere** you go
- **1 Low Price**

[Click on a sponsored links above to help support us.](#)



**You have just enjoyed another
great read from the Geek Zeek
Labs.**

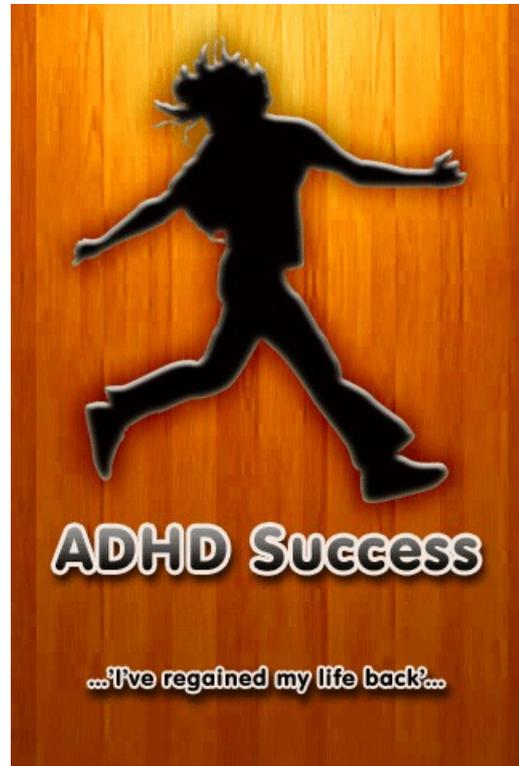
<http://www.geek-zeek.com/>

**Knowledge is Power!
Creating HOT Apps the Teach you
everything**

[Click on a sponsored links above to help support us.](#)

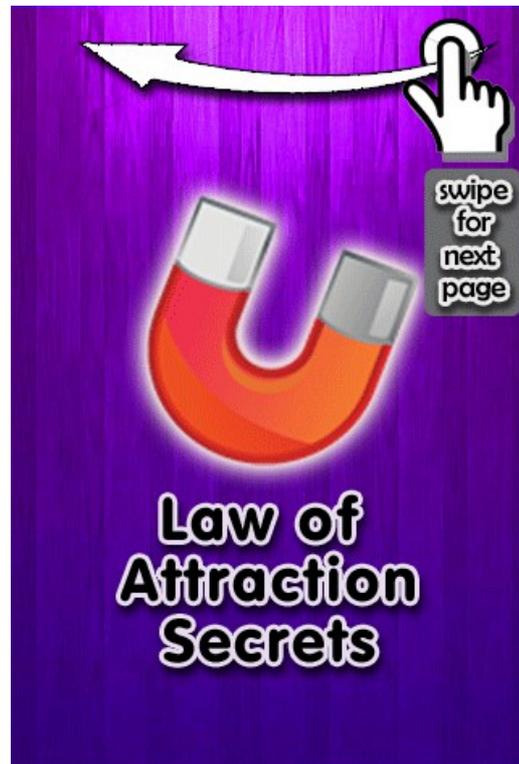
D

ownload more Free Cool Books Available from Geek-Zeek.com



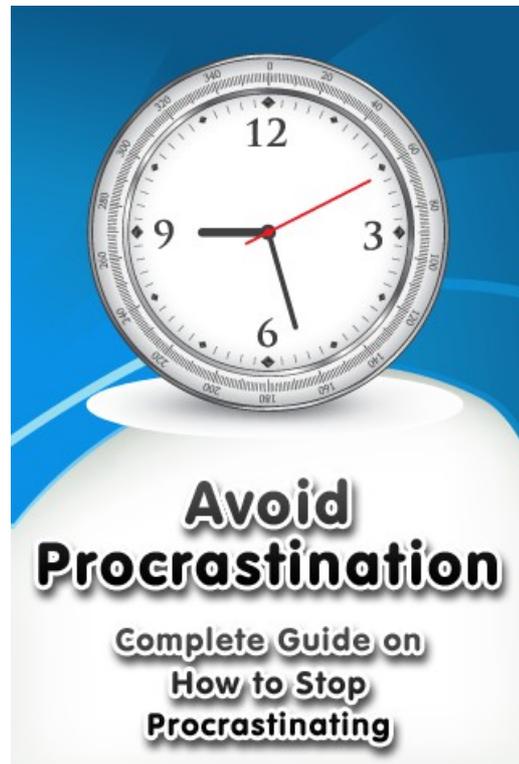
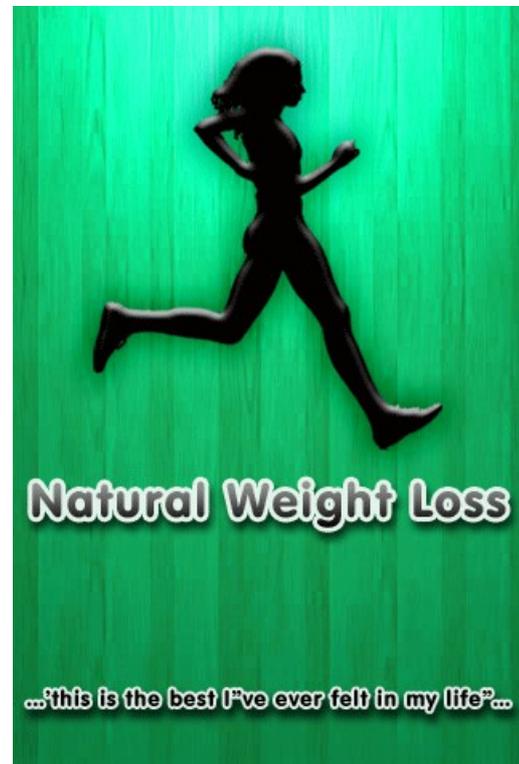
[Click on a sponsored links above to help support us.](#)

Download more Free Cool Books Available from Geek-Zeek.com



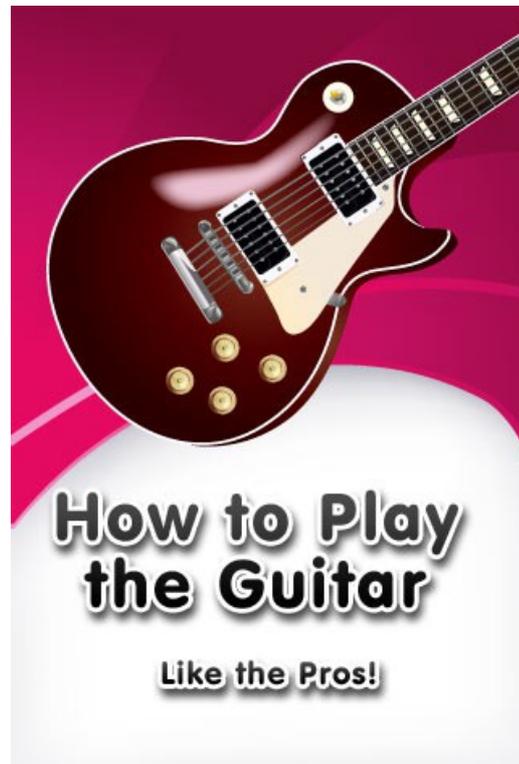
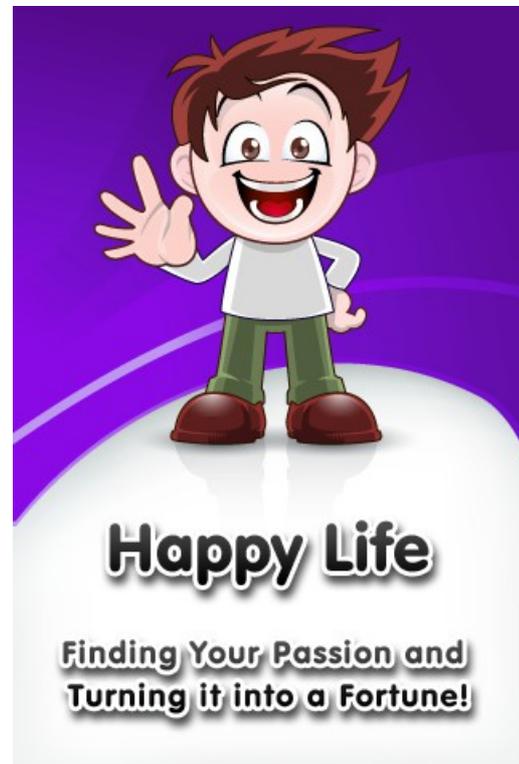
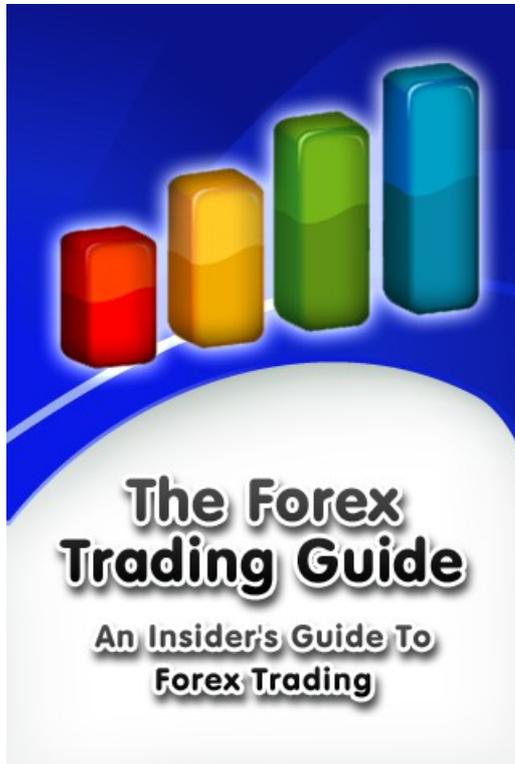
[Click on a sponsored links above to help support us.](#)

Download more Free Cool Books Available from Geek-Zeek.com



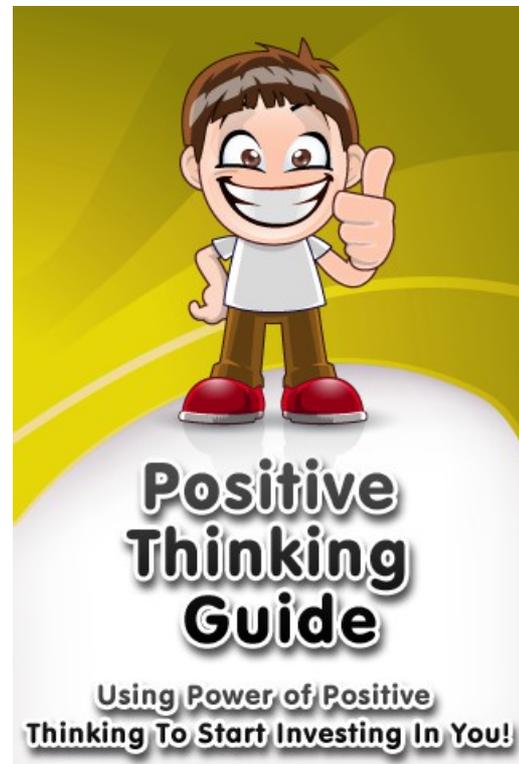
[Click on a sponsored links above to help support us.](#)

Download more Free Cool Books Available from Geek-Zeek.com



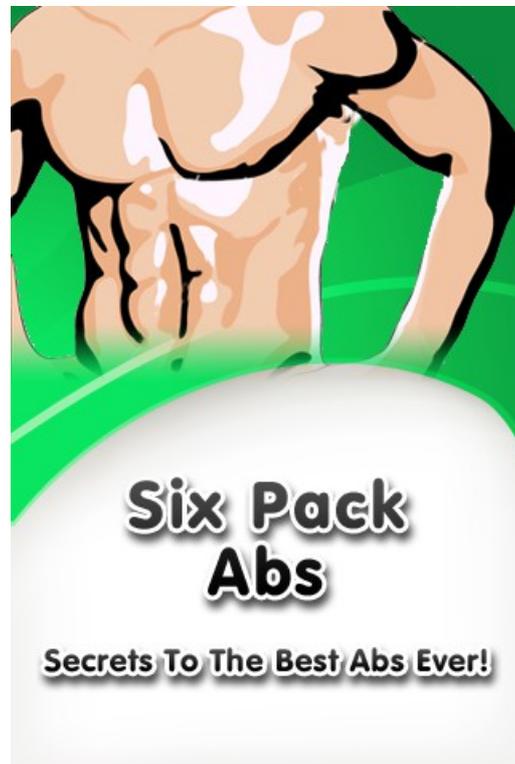
[Click on a sponsored links above to help support us.](#)

Download more Free Cool Books Available from Geek-Zeek.com



[Click on a sponsored links above to help support us.](#)

Download more Free Cool Books Available from Geek-Zeek.com



[Click on a sponsored links above to help support us.](#)

Download even more books!

On all Android Devices.

So please visit up at

Geek-Zeek.com.

Hope to see you soon 😊

I'm waiting.

